

Getting on Better

New group for parents or co-parents living in Leicester or Leicestershire.

Children are greatly affected by exposure to unhealthy, 'toxic' relationships where there is ongoing, unresolved tension leading to conflict between their parents.

We have a new set of groups starting up, designed to support you to reduce disagreements, enabling you both to better support your child(ren).



We aren't trying to keep couples together, but aiming to help you understand your conflict and how to repair what might not be working.

This group is suitable for couples or those who aren't together but are co-parenting their children. We would encourage both parents to attend if possible.

Sign up or make a referral here:
www.headsupleicester.org.uk/gettingonbetter

NEXT GROUP:

**6pm - 7.15pm every Tuesday
from 13 February - 19 March 2024**

Online using Zoom



HEADS UP
Supporting families through life's challenges