



Classroom Tips and Preparation

Preparation

Before delivering any Rise Above lesson:

- visit and familiarise yourself with the [Rise Above website](#) and [Rise Above YouTube channel](#)
- read through the [Introduction to Rise Above](#)
- read through any supporting documents.

Technology

The lesson will be enhanced by the use of devices (e.g. laptop/tablet/computer/mobile phones). Allocating time within the lesson plan for independent research on the Rise Above website encourages student-led exploration of the resources and lets them access a greater range of articles and videos. Where devices are not available the teacher is still able to lead the activity using a projector. Advice about establishing ground rules for using technology in the classroom can be found in the [Introduction to Rise Above](#).

Climate for learning

Read through [Guidance for Learning in a Safe Environment](#). This includes advice on:

- developing and revisiting effective ground rules drawn up with students
- familiarity with your school's safeguarding policy and procedures, including Child Protection and other relevant policies
- being prepared in case students make a disclosure
- including and protecting vulnerable students
- using distancing techniques so that students can discuss sensitive issues without being encouraged to make a disclosure
- handling sensitive questions
- involving students with special educational needs and disabilities (SEND).

Anonymous question box

Place a question box or envelope somewhere in the classroom. Students write down any questions that occur to them during the lesson and submit them anonymously. You can address these questions in the next lesson or in form time. Students can also post anonymous questions to the [Rise Above Twitter account](#) and the [Rise Above MTV Wall](#). You may wish to display these links during the lesson and/or write them on your question box or envelope.

If students submit a question via Twitter or the MTV wall, they will be answered by one of the Rise Above team who are there to help at all times, even over the weekend. Students' anonymity will always be protected and if needed, they will receive advice on where to seek help and guidance from next. Rise Above moderate every comment and follow a set procedure for managing disclosures and safeguarding.